

Celebrity Greetings









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Opening Ceremony

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PRES ALVIN DEMONTAÑO RTN. RICHIE TIOSEJO DIR. MJ TIONGSON RTN. FRANCIS TIONGSON RTN. VINCENT TAN AUD. WINSTON TAN

Fellowship

Community Singing Celebrity Greetings RTN. MOSES SUNICO PE SAMMY SIA

Club Matters

Treasurer's Time Secretary's Time **President's Time & Adjournment** TREAS. JOHN ARCAMO SEC. JASON FRANCISCO PRES ALVIN DEMONTAÑO

RTN. IAN SELVIDO

Moderator

BrullyPaid Members

FULLY PAID MEMBERS RY2023-2024

RTN. JAMES ABLOG RTN. MICHAEL BUHISAN RTN. REY CORTES RTN. MICHAEL CUE SEC JASON FRANCISCO PAG RAMON GONZALES **RTN. LEO LABRADOR PP ANDRES LORENZO RTN. ANDREW GWENN OLARTE** PO NOEL PIDO **DIR. TEODORO SALES RTN. RALPH SOGUILON RTN. MOSES DEAN SUNICO RTN. MJ TIONGSON RTN. RICHIE TIOSEJO PP BEN TUPAS III**

PP JERRY BELBIDER VP EDWARD CARILLO DIR. ALEXANDER JAY CRUZ RTN. EDGAR FORONDA PP REY FRANCISCO RTN. EDEN IBANEZ RTN. DOODZ LAPIZ PAG FRANCISCO LORENZO **RTN. CHARLES PASCUA RTN. FLORANTE ROFRIGUEZ RTN IAN SELVIDO PE SAMUEL SIA RTN. WINSTON TAN IPP MARK JEROME TIONGSON RTN. SIMON TRAZO DI. RAUL ANTONIO VALENCIA**

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Rotary International Features

In Kyiv in the 1970s, most schools were "Russian," in that all subjects were taught in Russian. "Ukrainian schools" were considered to be institutions for the children of janitors and cooks, students with no ambition.

At Russian school number 203, only one of my friends was from a family that spoke Ukrainian at home. But at school, he spoke Russian, like everyone else. If someone in Kyiv spoke Ukrainian, it was assumed that they had come to Kyiv on business from some outlying village, or that they were nationalists.

We were taught Ukrainian twice a week. Some of my classmates were excused from these lessons. All you needed to be exempt from Ukrainian lessons was a letter from your parents stating that, in connection with a possible future move to another region of the USSR, their child did not need to learn Ukrainian.

I went to Ukrainian language and literature classes, but I do not remember that I enjoyed them. Strangely, I cannot now remember either the name or the face of our Ukrainian language teacher. I do not even remember if the teacher was a man or a woman. But I remember my Russian teacher very well. Her name was Bella Mikhailovna Voitsekhovskaya. She taught us Russian literature with great enthusiasm, constantly reciting Pushkin, Lermontov, and even the officially frowned-upon Anna Akhmatova. Now, when I think about the Ukrainian language and literature teacher who has disappeared from my memory, I suspect that he or she did everything possible to remain unremarkable, as if there was some shame in teaching the subject.

The Ukrainian language was not banned during those years. There were Ukrainian-speaking communists and university professors. When I was a student at the Kyiv Pedagogical Institute of Foreign Languages, we had a professor who lectured in Ukrainian, the legendary translator Ilko Korunets, who translated into Ukrainian books by Oscar Wilde, James Fenimore Cooper, Gianni Rodari, and others. Strangely, of all the professors who taught me, he is the only one whose name I can still remember.

After university, I worked for half a year as an editor at the Dnipro publishing house. I edited translations of foreign novels into Ukrainian. Inside the publishing house, everyone spoke Ukrainian — that was the unwritten rule of the place. I remember walking to work with my colleagues. As we approached the doors of the publishing house, we would be talking about something in Russian, but as we went inside, we automatically continued the same conversation in Ukrainian.

Knowing the Ukrainian language did not automatically make me a Ukrainian. Even though I had lived in the capital of Soviet Ukraine since early childhood, "Russian" was written in the nationality column of my Soviet passport. When I received a passport from independent Ukraine, I discovered that there was no "nationality" column in it, only the name of my new homeland, "Ukraine," embossed in gold on the cover.



Denight's Prayer

We stay focused on the objectives we have for the world: Peace. Tranquility. A true Brotherhood of Man. Freedom from hunger, from oppression, from sickness. The freedom to choose our own destinies.
Were affirm our commitment to our simple Rotary Four Way Test for all we do and support.

We reaffirm our commitment to high ethics in all we do. And we give thanks for all the blessings,

opportunities and responsibilities that befall us as Rotarians.

We continue in this new millennium with optimism, renewed energy, and a commitment to service to you and our fellow men and women.

Please, Lord of the Universe, help us so to serve! Amen.

AUGUST 16, 2023-3

R.I President's Message



R. GORDON R. MCINALLY President Rotary International RY 2023-2024

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one anoth-

er feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its

Rotary International Features

Khrushchev wanted to demonstrate that the USSR was a peace-loving state. This meant that my father, along with tens of thousands of other military men, was sent into the reserve army and a peaceful life. I am still grateful to Khrushchev for this beautiful peacekeeping gesture. Without it, I would not be a Ukrainian today.

After leaving the army, my father began to look for work in civil aviation. He was fortunate.



My paternal grandmother lived in Kyiv, where one of the largest aircraft factories in the USSR — the Antonov factory — produced civilian passenger and cargo aircraft. It was this plant that invited my father to work as a test pilot, and our whole family moved to Ukraine. More precisely, we moved to the Ukrainian Soviet Socialist Republic.

I was not yet 2 years old when we moved. Budogoshch, my mother's home and the Russian village where I was born, is preserved in my memory only through the stories told by my mother and maternal grandmother. In my memories of early childhood, only Kyiv features — Kyiv and Yevpatoriia in Crimea, where our family spent the

summer holiday every year.

I have no non-Ukrainian childhood memories, though truthfully it is difficult to call the memories I have "Ukrainian." They were Soviet, geographically connected with Ukraine. The country's "Ukrainianness" at that time was expressed only in folk songs and dances, as if the Soviet republics differed from one another only in those narrow areas.

My parents considered themselves Russians all their lives, but in fact they were people of "Soviet nationality." They were brought up in Soviet, not Russian, culture. They did not sing Russian folk songs; they liked Soviet songs from popular Soviet films. Vladimir Lenin, one of the founders of Soviet Russia, dreamed of creating a special "Soviet man," a person cut off from his ethnic roots, from the history of his specific, small homeland. Of course, Lenin took the Russian person as the basis of the "Soviet person": someone with a collective mentality who was loyal to the authorities and who valued stability more than freedom.

And, of course, the Soviet person had to speak Russian. Without one common language, the system of control would not function. Therefore, the Soviet political system, which had initially abandoned the tsarist policy of Russification in the early 1920s, returned to this policy in the mid-1930s. The dramatic flourishing of distinctly Ukrainian culture in the 1920s ended in 1937-38 with the mass executions of those who had powered the Ukrainian cultural revival.



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Rotary International Features

THE ESSENCE OF FREEDOM

At the intersection of liberty and language, one of Ukraine's leading writers contemplates his literary identity

As Ukraine struggles against the current Russian invasion, it may seem strange to spend time remembering the collapse of the USSR in 1991. And yet I find it useful to reflect on that event. New, unexpected thoughts appear that provoke a shift in my attitudes, allowing me to reassess the past from the point of view of today's tragedy.

In 1991, the USSR was physically disintegrating, crumbling like an old, abandoned building. Now Russian President Vladimir Putin's dream of restoring the USSR is crumbling, and nostalgia for the Soviet past is dying. I have always believed that the most important thing in life is to have a choice. This is the essence of freedom. Choice gives the opportunity to better understand yourself, the purpose of life, and your own role in it. In Soviet society, I could not choose a role that would suit both me and the Soviet system.

In my student years, I was an anti-Soviet Soviet person, as were many of my peers. I disliked many things about the USSR. I often argued with my communist father about the wrongness of the Soviet regime. And yet, I did not believe that this regime could be changed, that it could be made "correct."

My father did not like to argue, although he always defended the Soviet system, in his calm, lazy manner. His positive attitude toward it grew from his belief that the Soviet system had allowed him to realize his dream. Since childhood, he had wanted to become a military pilot and he became one. He rose to the rank of captain, spending several years in Germany with the Soviet occupying forces after World War II. He returned to the USSR, and had it not been for the Cuban missile crisis and Nikita Khrushchev's unilateral disarmament policy, he would have risen to the rank of colonel. Having faced the threat of a third world war,

R.1 President's Message

January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study coauthor David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well -being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.

Together, we will Create Hope in the World.

Secretary's Report



JASON CARLO FRANCISCO

Secretary Rotary Club of Metro Dadiangas RY 2023-2024

AUG, 9 63 63 52 5 90% 2023 AVERAGE ATTENDANCE 90%	Date of Meeting	Total Member- ship	# of Mem- bers Used in Calculating the Attendance	# of Mem- bers Pre- sent	# of Mem- bers Made -Up	%
AVERAGE ATTENDANCE 90%		63	63	52	5	90 %
	AVERAGE ATTENDANCE					90 %

INDUCTION 2023

RC Gensan Tuna Port	August 18, 2023 6:00PM
RC Central Polomolok	August 19, 2023 6:00PM
RC Midtown Gensan	AUGUST 20, 2023 6:00PM

Yolachs, GSC ESMA Restaurant Yolachs, GSC

Metro Activities

Area Coordination Meeting | August 13, 2023







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Metro Activities

Induction of RC Metro Koronadal | August 12, 2023 @ The Farm, Carpenter Hill, Koronadal City



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Deamer's Report



JOHN ARCAMO Treasurer Rotary Club of Metro Dadiangas RY 2023-2024

AUGUST 16, 2023

TOTAL BANK BALANCE AS OF AUGUST 11, 2023	PHP 378,371.41
TOTAL EXPENSES	37, 898.00
July 22, 2023 Project EduKalusugan Additional Medicenes	17, 701.00
Meals (August 9)	20, 197.00
LESS EXPENSES	
TOTAL Club's Fund by AUGUST 10, 2023 ——	416,269.41
Add: Club's Collection (AUGUST 9, 2023)	43, 750.00
Club's Fund as of AUGUST 8, 2023	372, 519.41



President's Message

RY 2023-2024



Rotary Year 2023-2024.

ALVIN RAY DEMONTAÑO President Rotary Club of Metro Dadiangas

Good evening fellow Metronians, Rotaractors, & Guests. Thank you for attending our 7th regular club meeting for

Last August 12, 2023, we attended the First Induction Ceremonies of the youngest club in the district, the Rotary Club of Metro Koronadal held at The Farm, Carpenter Hill, Koronadal City. A big congratulations to Hope Creating President, Denmark Bulan.

Also, last August 13, 2023, the Rotary Clubs of Area 3FGH had its Area Coordination Meeting hosted by RC General Santos at Glandang, Tupi. The meeting was presided by Area President Alvin Demontaño, discussed several critical topics which includes the End Polio Bike Ride, Induction Schedules of the remaining 3 clubs in the area, Governor's Visit and Governor's Night.

On the other hand, we will begin our preparations as soon as possible for the club's first Project Balik Eskwela in which 134 IP students of James L. Chiongbian National High School will be given School Supplies and Bags. The target distribution of the supplies this coming August 21, 2023, Monday. Will be inviting you all if you can attend to this project.

Dresident's Message

Governor Rozzane "Twinkle" Gamboa will be conducting her Governor's Visit during our 45th Charter Anniversary on October 31, 2023. In line with this, the board of directors as well as our past presidents would be in attendance to discuss the plans and goals of the club.

The next induction schedule would be on Friday, August 18 of RC Gensan Tuna Port at Yolach's Event Place, Mabuhay; Saturday August 19, RC Central Polomolok at ESMA Restaurant and Bakeshop, Cannery Site, Polomolok; and finally the last induction that we need to attend to is the induction of our daughter club, RC Midtown General Santos on Sunday August 20 of at Yolach's Event Place, Mabuhay.

That is all for tonight's weekly meeting. Thank you everyone for coming and may you have an enjoyable night.

